



16/06/2023 au 25/06/2023

Mountain Camp 2023 - D 1700 - Girls & boys 18-23

Host country: FRANCE

Host district: District 1700

Rotary Club: Font Romeu Pyrénées Catalanes

Period: 2023, June 16th to June 25th

Age: from 18 to 23

Participants: max 15, limited to two participants by country.

To apply you must be of legal age in your country and have no contraindications to sports for the general public.

Aim of the camp:

- Mountain stay,
- return to nature,
- surpassing oneself,
- group cohesion

Projected programme:

- Guided hikes : Les étangs de Camporeils, le lac des Bouillouses et le massif du Carlit, La vallée d'Eyne,(rare endemic botany), La Carança, memorable via ferrata.
- Special visits: la grotte de Fontrabiouse, le Parc animalier des Angles, Naturlandia (Andorre)
- VTT day (may be "Tour du Capcir")
- half a day of sailing (lac de Matemale)
- half a day of orienteering race (watched by local soldiers)
- canyoning, tree climbing
- meeting with Rotarians.
- work on a Rotarian project

All the mountain activities will be accompanied by a mountain guide.

Arrival: 2023 June 16th

Departure: 2023 June 25th

The best access is Barcelona Airport and train to Puigcerda.

You can also use Toulouse Blagnac airport and train to Latour de Carol.

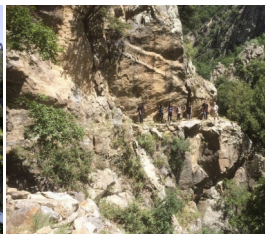
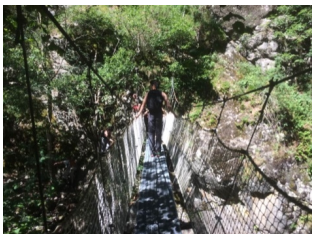
From Paris, TGV to Perpignan and bus to Mont Louis.

Language: English. French is a bonus.

Participation fee: 600 euros /participant, to be paid before the beginning of the camp.

Accommodation: Lodge. Bring sleeping bag, towel and walking shoes.

Insurance : Participants must contract an insurance (illness, accident and third party damages). If needed, you can subscribe to "AXA/Welcare" French contract (about 150 €/participant): <https://www.cabinetcarton.com/>, choix 3 (Insurances short exchange)



Lieu : Formiguères - France

Application:

The application, using regular Short Term exchange form, must be send by a ce district. The application must be endorse signed by sponsoring Rotary club signatoric District Youth Exchange Chairman

Application deadline:

2023, May 30th.