



ROTARY YOUTH EXCHANGE

POLAND

District 2231

SHORT TERM EXCHANGE PROGRAM

9th SUMMER CAMP SPORT and HORSES - WROCLAW, POLAND 2022

- NAME:** 9th Summer Camp Sport and Horses 2022
- WHERE:** Wielka Lipa – near Oborniki Śląskie, (25 km North from Wrocław, 300 km East from Berlin)
- WHEN:** July 13 – July 27, 2022
- | | | |
|--|-----------------|-------------------|
| | Wrocław Period, | July 15 – July 17 |
| | Camp Period, | July 17– July 27 |
- ARRIVAL:** Train, bus station or airports in Wrocław, July 15
- DEPARTURE:** Train, bus station or airports in Wrocław, July 27
- PARTICIPANTS:** 6 boys and 6 girls - one participant from each country, with a good knowledge of English.
- AGE:** 18 - 24 years

PROGRAMME:

- Friday 15th of July 2022

Arrival Day.

The camp starts 15th of July 2022. The participants arrive to the Train station, Bus station or airports in Wrocław on the July 15th of 2022. We look forward to the participants in the arrival times on the station or airport. On the Station please look for the symbol of Rotary. From there, participants will be transported to host-family.

Dinner with families.

- Saturday 16th of July 2022

Visit Wrocław with host families and members of RC Wrocław –

Panorama Raławicka, Ostrów Tumski, Rynek

- Sunday 17th of July 2022

Visit Wrocław

Aquapark Wrocław

Departure to the Wielka Lipa – Arkadia

<https://www.facebook.com/139735672771740>

- Monday 18th of July 2022

-Ośrodek Jeździecki "Arkadia". Short lecture about the safety rules when working in the stables and riding. Lesson of the topography. Time for get to know all camp participants. Working in the stables.

-Welcoming evening campfire in Arkadia- singing to the sound of the guitar

- Snooker

Volleyball and basketball court



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-Tuesday 19th of July 2022

Work in the stable. First horse ride.
The theory about horses, horseback riding after lunch

-Wednesday 20^h of July 2022

Work in the stable.
Golf play in Brzeźno Castle

-Thursday 21th of July 2022

Bike tour around the area
Water sports - canoes, pedal boats
Horse ride

-Friday 22th of July 2022

Horse ride -
Polish Evening – dinner prepared by European participants.

- Saturday 23th of July 2022

Work in the stable
Sailing

-Sunday 24th of July 2022

Work in the stable
Walking tour to the palace in Bagno

Evening with the campfire and music.

-Monday 25th of July 2022

Work in the stable
Horse ride
Saying goodbye to the horses. Goodbye dinner in Arkadia

-Tuesday 26th of July 2022

Basketball, volleyball matches

-Wednesday 27th of July 2022

Saying goodbye to the camp participants and departures from Wielka Lipa to the Train Station, Bus Station or Airport in Wrocław.

Daily exercise at the fitness room, volleyball and basketball!

COSTS: Participation fee – 320 €

The participants will cover their travel costs to Wrocław and back home. Be prepared to have some pocket money.

INSURANCE: Participants must have a valid insurance.



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More: <https://www.facebook.com/Rotary-Summer-Camp-Wroclaw-1762040397404261/>

APPLICATION FORMS: Must be sent to the following address by 05 June, 2022 at the latest. Please note that the number of participants is limited and the acceptance will be on a "first come – first served" basis.

Other:

Breakfast	7.30 - 8.30
Lunch	13.00 - 14.00
Dinner	18.00