

# Trekking, Culture and Sports in the Italian-speaking region of Switzerland



Centro sportivo G+S  
Bellinzona



2nd - 14th of  
August 2020



16-19  
Years-old



Camp fee  
CHF 400.00

## Aim of Camp

Discover the geography and culture of Ticino - Switzerland's southernmost Italian-speaking Canton - by hiking and trekking, getting involved in new sports, having fun, and exchanging experiences with new friends.

## Condition

Being in a good physical condition, open minded and ready to have fun!

## Languages

English/French/Italian/German

## Costs

### Camp fee CHF 400.00

Journey to and from the camp and pocket money on participant's cost. All other costs for the camp are sponsored by the organising and sponsoring clubs.

## Lodging

Meeting and base camp at Centro Gioventù e Sport, Bellinzona ([www.ti.ch/centrigs](http://www.ti.ch/centrigs)) During the camp, different mountain cabins and Youth Hostels.

## Insurance

**Foreign participants** are asked to purchase the insurance **CISI Bolduc Plan B for 76 US Dollars**. Detailed instructions for purchase will follow by RYE Switzerland office to all accepted candidates.

## Clothing/equipment

Casual and sportswear, hiking-boots (very important), bathing suit, coat, rucksack.

## Participants

Max. 35 (including 5 participants from Ticino)

## Registration deadline

30th of April 2020

## Sponsor Clubs

Rotary Club Bellinzona ([www.rotarybellinzona.ch](http://www.rotarybellinzona.ch))

Rotary Club Locarno ([www.rotarylocarno.ch](http://www.rotarylocarno.ch))

Rotary Club Lugano ([www.lugano.rotary1980.ch](http://www.lugano.rotary1980.ch))

Rotary Club Lugano-Lago ([www.lugano-lago.rotary1980.ch](http://www.lugano-lago.rotary1980.ch))

Rotary Club Mendrisio ([www.rotary-mendrisiotto.ch](http://www.rotary-mendrisiotto.ch))